



<https://www.internshipsca.com/job/hydro-one-internships/>

Hydro One Internships 2026 / 2027

Description

Hydro One is Canada's largest electricity transmission and distribution utility, delivering power to more than 1.4 million customers across Ontario. With a focus on sustainable energy and innovation, Hydro One is committed to providing reliable service while leading the way in environmental stewardship and safety.

The Hydro One Internship Program offers students an exciting opportunity to gain hands-on experience in the energy and utility sector. As an intern at Hydro One, you will work alongside industry professionals and contribute to meaningful projects that support the company's mission to deliver safe, reliable, and sustainable energy. This internship will provide valuable insight into the utility industry and help you build skills that will shape your career.

Responsibilities

- Assist in various departmental projects across engineering, operations, technology, and other business areas.
- Perform research, data analysis, and prepare reports for team reviews.
- Collaborate with team members and senior staff to develop solutions to real-world challenges.
- Participate in meetings, presentations, and trainings to develop both technical and soft skills.
- Contribute to the improvement of operational processes and customer experience.
- Participate in Hydro One's safety and environmental programs to ensure compliance with industry standards.
- Complete a final project or presentation at the end of the internship showcasing your learnings and contributions.

Qualifications

- Currently enrolled in a post-secondary program related to Engineering, Environmental Studies, Business, or other relevant fields.
- Strong analytical and problem-solving skills.
- Proficient in Microsoft Office Suite (Excel, PowerPoint, Word) and other relevant software tools.
- Excellent communication and interpersonal skills, with the ability to work effectively in teams.
- Passion for renewable energy and sustainability.
- Ability to handle multiple tasks and work in a fast-paced environment.
- Previous internship or co-op experience in a related field is an asset, but not required.

Job Benefits

- Gain hands-on experience with a leading utility company.

Hiring organization

Hydro One

Employment Type

Intern

Duration of employment

3 Months

Industry

Utilities

Job Location

Toronto, Ontario, Canada, M5A 1A1, Toronto, Ontario, Canada

Working Hours

09

Date posted

March 29, 2026

Valid through

09.11.2029

- Network with industry professionals and expand your career connections.
- Work in a dynamic and inclusive environment that fosters innovation and growth.
- Opportunities for future employment upon graduation for top-performing interns.
- Access to Hydro One's extensive training and development programs.

Contacts

Interested candidates can submit their application through Hydro One's careers page, including a resume and cover letter.

Hydro One is an equal opportunity employer and values diversity in the workplace. We are committed to creating an inclusive and supportive environment for all employees, and we encourage applications from all backgrounds.